

Health Questionnaire

Neurotransmitter Assessment Form - (NTAF) Nutritional Key

SECTION A - NUTRITIONAL SUPPORT FOR GENERAL BRAIN FUNCTION

BRAIN-E™ (K53) -Take 55 drops (approximately 2 1/2 full droppers) once a day, preferably with meals.

NEURO2® (K45) -Take 1-3 capsules, 3 times a day.

NEUROFLAM® (K46) -Take 1-3 capsules, 3 times a day.

NEURO-PTX® (K47) -Take 1-3 capsules, 3 times a day.

**please also refer to Metabolic Assessment Form (MAF)*

SECTION B - GENERAL BRAIN FUNCTION/STRESS

ADAPTOCRINE®(K02) - 2-3 capsules, 3 times a day.

ADRENACALM™ (K16) - Apply as directed, 2-3 times per day.

SECTION C - SUGAR BALANCE

SECTION C1: NUTRITIONAL SUPPORT FOR BLOOD SUGAR HEALTH

**please also refer to Metabolic Assessment Form (MAF)*

PROGLYCO-SP™ (K13) -Take 1-2 capsules, 3 times per day.

SUPER EFA COMPLEX™ (K08) -1-2 tablespoons, 3 times per day.

ADRENASTIM™ (K15)- Apply as directed, morning and noon.

ADAPTOCRINE® (K02) - 2-3 capsules, 3 times a day.

SECTION C2: NUTRITIONAL SUPPORT DURING INSULIN RESISTANCE

GLYSEN® (K01) - 2-4 capsules, 3 times a day.

OMEGACo3™ (K07) - 1-2 tablespoons, 2-3 times per day.

ADRENACALM™ (K16) - Apply as directed, 2-3 times per day.

ADAPTOCRINE® (K02) - 2-3 capsules, 3 times per day.

PROTOGLYSEN™ (K28) - 2 capsules, 3 times per day.

FIBROMIN™ (K25) - 2 capsules, 3 times per day. For support during diabetes, add OxiCell®. (K22) to support sugar balance.

SECTION 1 - SEROTONIN NUTRITIONAL SUPPORT

SEROTONE® ACTIVE (K38) -Take 1-2 capsules a day.

NEUROTRANS® ACTIVE (K42) -Take 1-2 sprays, 1-3 times a day.

SECTION 2 - DOPAMINE NUTRITIONAL SUPPORT

DOPATONE® ACTIVE (K41) - Take 1-3 capsules a day.

NEUROTRANS® ACTIVE (K42) - Take 1-2 sprays, 1-3 times a day.

SECTION 3 - GABA NUTRITIONAL SUPPORT

GABATONE® ACTIVE (K39) - Take 1-2 capsules, 3 times a day.

NEUROTRANS® ACTIVE (K42) - Take 1-2 sprays, 1-3 times a day.

SECTION 4- ACETYLCHOLINE SUPPORT FOR NUTRITIONAL SUPPORT

ACETYL-CH™ ACTIVE (K40) -Take 1-2 capsules, 3 times a day.

NEUROTRANS™ ACTIVE (K42) - Take 1-2 sprays, 1-3 times a day.