

Metabolic Assessment Form - Blood Chemistry Key

CATEGORY I: Colon Support:

Eosinophils **increased** – Immune Health
check for possible parasites

CATEGORY II: Stomach Support (also check for Hypochlorhydria)

Protein and Globulin **increased or decreased**
BUN **increased or decreased**
Phosphorus **decreased**

Check for possible H. Pylori

WBC - **increased or decreased**
Neutrophils **increased**

Check for possible Thyroid Health Challenges

CATEGORY III: Stomach Support (also check for Hyperacidity)

Protein and Globulin **increased or decreased**
BUN **increased or decreased**
Phosphorus **decreased**

Check for possible H. Pylori exposure

WBC - **increased or decreased**
Neutrophils **increased**

CATEGORY IV: Small Intestine Support

Check for Pancreatic enzyme deficiency
Check category VII on Metabolic Assessment form results to check for insulin resistance

CATEGORY V: Biliary Support

Check for Liver Health: GGTP and/or Alk phos **elevated**
Check for Biliary Health: Consider fat malabsorption due to bile production **decreased** – Cholesterol, HDL and/or LDL may be **decreased**

CATEGORY VI: Blood Sugar Balance

Check for Blood Sugar Balance (also check for Hypoglycemia)
glucose **decreased**
LDH **decreased**

CATEGORY VII: Support Blood Sugar Balance

Check for Blood Sugar Balance (also check for Insulin Resistance)
Glucose **elevated**
Triglycerides **elevated**
Total Cholesterol and LDL **elevated**
HDL **decreased**
Uric Acid **elevated**

CATEGORY VIII: Adrenal Support

Check for Adrenal Health (also check for Adrenal Hypofunction)
Sodium, Chloride and/or Potassium changes
Also check for Hypoglycemia : category VI

CATEGORY IX: Adrenal Support

Check for Adrenal Health (also check for Adrenal Hyperfunction)
Hyperfunction) Sodium, Chloride and/or Potassium changes
Check for Blood Sugar Balance, possible Insulin Resistance

CATEGORY X: Thyroid Support (also check for Hypofunction)

TSH **elevated**
T3 Uptake
Total T4
FTI
Thyroid Antibodies **elevated** (Immune Health)

CATEGORY XI: Thyroid Support (also check for Hyperfunction)

TSH **decreased**
T3 Uptake
Total T4
FTI
Thyroid Antibodies **elevated**

CATEGORY XII: Pituitary Support (also check for Hypofunction)

TSH **decreased**
Total T4 **decreased**

CATEGORY XIII: Pituitary Support

Refer to Thyroid Support
(check for hyperfunction)

Category XIV (Male Only): Prostate Support

Creatinine and Monocytes **elevated**

CATEGORY XV (Male Only): Andropause Support

Refer to Functional Endocrinology course by Dr. Kharrazian

CATEGORY XVI (Female Only): Menstruating Women Only

Refer to Functional Endocrinology course by Dr. Kharrazian

CATEGORY XVII (Female Only): Menopausal Females

Refer to Functional Endocrinology course by Dr. Kharrazian

*Categories and symptom groups listed in this form are not intended to be used for diagnosis or treatment of any disease condition.
Intended for nutritional purposes only.*